

Hobbies Make for Happy Life

A "Happy Life" may mean to some of us a life without work, but such a life is far from happy. Idleness soon gets to be dreary and tiresome.

For health's sake, we should be so busy that we haven't time to think about ourselves. It is good for us to feel that we are of some use in the world. If possible, choose work that you like, a job you can grow with, one that will hold your interest.

If, when the day ends, your work leaves you totally exhausted, something is wrong. Perhaps you have had insufficient rest the night before, or it may be eye-strain. It may be a bad working posture that can be corrected by a slight change in the way you carry yourself. It may be that you don't select a nourishing lunch. Whatever it is, find the cause and try to remove it.

There are certain habits of thinking which have a definite effect upon your health and happiness. If you think in the right way, say the health specialists of the Metropolitan Life Insurance company, you'll develop the habit of expecting to accomplish what you attempt; the habit of expecting to like other people and to have them like you; the habit of deciding quickly what you want to do, and doing it; the habit of "sticking to it"; the habit of welcoming fearlessly, all wholesome ideas and experiences.

Remember, too, that good work and joyous play go hand-in-hand. When play stops, old age begins. Play keeps you from taking life too seriously. When you're tense, it relieves the strain. It eases the jolts and jars of life.

Have a hobby. Have several hobbies. Find at least one game you like to play, though it's only pitching quoits or playing croquet; and keep trying to improve your game. Enter into the games your children play.

Choose the kinds of play that give you a complete change from your day's work for both mind and body; a thoroughly good time; a certain amount of physical activity.

Home Electric at Park City

Miss Nancy Finch captured the hearts of the ladies (and many gentlemen) with her splendid demonstration of the "Home Electric," held at the Park City high school May 13. Successful demonstrations were also held at Kamas, May 14; Oakley on May 16 and in Coalville May 17. Evening performances, featuring "Home Modernization" and "Effective Lighting" were conducted by Elmer Jons-son. Prizes were given away at each meeting and general comments regarding the entire affair were very favorable and guests were well pleased with the entertainment.

Our Guess, An Informal Tea

Lucky boys—French fried potatoes—glorious entertainment—these were the illuminating phrases describing what seems to have been a very proper entertainment at Homer Shaw's summer home up Ogden canyon.

What happened, no one seems to exactly know. And those who were present will not admit their identity, at least not until the above picture was brought to light to the embarrassment of many. Everything is mysterious. Everything seems to have sailed along like a quiet church wedding, however, until "Tiny" Biesinger fastened himself on a nail. Now the Ogden office is flooded with inquiries.

Did Joe Tavey play the harmonica? Why did Henry Leavitt and Dell Shumway carry bouquets of pink sweet peas and daffodils? Was the prize portrait George Ellerbeck received ever in a state exhibit? And then the world is curious to know why these dear boys were seated around a blue-striped table cloth, picking at vitamins in cube steaks, a tablecloth fairly smothered with white butterfly sweet peas, while Jim Littlefield and C. G. Goss sang four sacred duets.

Jimmy Hoggan was there, sitting next to Scotty Vendell, and after dinner Joe Hansen got into some kind of hop-sotch game with Harold Tripp. Albert Hoggan was champion marble shooter, though Grant Lofgreen was best "walker-on-your-hands," and we understand that Harold Swift—right in the middle of a cup of tea—showed the boys how easy it is to do embroidery work without a thimble. Next year the public at large will be invited—we hope.



View of Canyon Party.

Employees Note

Business men and private citizens the country over are awakening to the dangers of the modified Wheeler-Rayburn bill as it now exists, pending legislation. The following news item is taken from the Erie, Pa., Dispatch News:

"It is noted that this vicious and unfair Wheeler-Rayburn bill is legislation of the very type which Mr. Roosevelt at that time condemned, and it is many times worse. It breaks down the authority of the states, and it construes the interstate commerce clause of the constitution so broadly, that, if the theory behind this bill should prevail, there is no business of any kind anywhere which could not be brought under federal regulation, control and management. It is a bad bill in every respect."

Employees are urged to protest to their congressmen in Washington the passage of this bill. Write them immediately, asking them to vote against it.

Raspberries Not in Season

No, the Provo Sales department does not deserve raspberries this month. Provo is at the top with a total sales to May 11 of 19 ranges, which equals 51.4 of the May and June quotas. Provo's job is half done by the 11th day of May. How about it, other divisions?

Completed at Smithfield

W. D. McClellan, superintendent of lines and service of the Preston division, completed the construction and connection of a new outdoor distribution substation at Smithfield, Utah. This new substation replaces the old indoor, metal sheltered substation, and is enlarged to 150 K. V. A., which increased the capacity by 100 per cent. It also incorporates the advantages of modern construction.

Learn to Smile



Etha Quinn

It may have been while playing the "lead" in her high school play that she learned it; or when they announced that she won first place in the American Legion oratorical contest in the old home town; but anyway, Etha Quinn, stenographer in the Personnel department, has made it a habit to always greet people with a smile. "Though the first hundred years are the hardest," she says, "there is no reason why you should look grouchy and tell other people about it. They'd much rather see you look pleasant."



PERSONAL ITEMS

From over the System



Mr. Rainford, appliance salesman at Montpelier, who left the company May 10, will be replaced by K. W. Moore. Mr. Moore has been with the company since 1930 and for the past year has been working as collector in our Logan territory.

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Remember Jimmy

James Hoggan, genial appliance salesman of the Preston division, besides being chairman of the advertising committee of the Fourth of July celebration and member of the Boy Scout Council, has recently been elected to the Preston commission. Jimmy still has time to sell appliances. Up to May 14 he has sold 18 water heaters, which is 45% of the division quota, and more we believe than any other salesman in the company to date. He also sells ranges and refrigerators.

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Elmer Taylor, of the Engineering department, has been wearing a broader smile lately. Our congratulations to you, Elmer—we hear that it is a boy.

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At their last meeting, the Independent Order of Odd Fellows announced that V. L. Halliday, chief auditor of the traction company, had been elected Grand Warden for Utah.

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Changes in Salt Lake

D. L. Freebairn, from General Offices to sales floor.

Carl A. Brown, from sales floor to territory salesman.

Joe Hansen, from territory salesman to lighting service.

C. A. Waddoups from sales department to Bountiful Light & Power.

A. M. Marsden is back again with the Sales department and off to a good start.

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New Kitchen Opens

Formal opening of the new demonstration kitchen at Preston was well attended by women of Preston and vicinity. On May 6 cooking demonstrations were conducted in the afternoon and evening by Mrs. Welch of the Salt Lake division. These demonstrations were very successful.

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LaRue McKewan, of the Salt Lake Home Economics department, is ill, but we wish her a speedy recovery. It is good to welcome Jeanette Neldon, also of the Home Economics department, back to work again after two weeks' illness.

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T. C. Woodside, chief clerk of the General Accounting department, has gone to Durango, Colorado, where he will assist with the audit being made of The Western Colorado Power company.

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Electrical dealers in Park City were guests of the Utah Power & Light on Friday, April 26, at a luncheon meeting at the New Park Hotel. Division

Makes Cooking Popular



Dorothy Stewart

home duties would not interfere, evening classes were inaugurated. It is interesting to note that evening demonstrations are made up of younger people, including stenographers, telephone operators, university students, many of whom, perhaps, are brides to be. Miss Stewart is to be congratulated.

Dorothy Stewart, in charge of the Home Service department at Provo, is receiving many requests from customers for additional classes in electric cooking. Afternoon demonstrations featured by the company for some time proved more than popular, and because of the demand for classes at a time when

sion Manager R. E. Bailey had charge of the meeting and introduced L. E. Baldwin, superintendent of the Dealer Co-ordination department and C. D. Sessions, of Provo.

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Park City division welcomed their new home demonstrator, Miss Harriet Pearson, who assumed her duties May 1. Miss Pearson spoke to guests at the "Home Electric" demonstration, recently held in Park City.

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In an endeavor to elect Lawrence Leavitt and Alma Deru as King and Queen of the Fun-A-Lore at Ogden, the employees of the division participated in a Smokeless Smoker at the American Legion Chateau, May 14. The athletic events pleased the employees in attendance. Tony Rocceforte, challenger for Jackie Burke's title, refereed the boxing.

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Sees Robbery

While W. F. Kemper, of Upper American Fork plant, was on his swingshift one of the transient camp sojourners entered Kemper's house through the rear door window. He was seen by E. R. Ellingsworth as he was leaving. After chasing him down the canyon and calling E. O. Maxfield at the Lower Plant, the burglar was located up in the cliffs by Maxfield. After some well directed persuasion the young fellow was willing to come down the hill and wait at the lower plant until the sheriff arrived, Kemper's property was recovered.

Mrs. T. J. Bennett, mother of Lloyd Bennett, of the Shelley district, passed away on April 20. We extend our heartfelt sympathies to Lloyd and his family.

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Bessie Crooks, of Shelley, who has been confined in the hospital, was recently taken to her home, where she is now rapidly regaining her health.

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Milton Jones, stationery clerk General Office, underwent an operation for the removal of his appendix at the L. D. S. hospital May 3. Reports are that Milton is making rapid recovery and is back on the job again.

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We are sorry to report the death on April 16 of C. A. Young's mother. We offer him and family our heartfelt sympathy. Charlie is one of our Salt Lake operators.

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Melvin Jenkins, of the Provo division Sales department, was married to Miss Madeline Peterson of Richfield, Utah, May 8, and is leaving the company to go to Washington, D. C., soon. Mel's duties will be taken over by Lynne A. Wright.

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Mainstreet Item

E. O. Maxfield, of Lower American Fork Plant, reports 20 head of deer (yes the four-legged variety) grazing on the lawn about the plant every night. We cannot verify the number or the frequency of the visits but the evidence of damage done is quite plain. The tulips, lilacs, nasturtiums and shrubbery are stripped of their leaves. It may appeal to most of us and we would consider it a matter of distinction to have a herd of wild deer grazing on our lawn, but ask E. O.

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The members of the Salt Lake office extend Robert (Bob) Olsen and his family their heartfelt sympathy over the recent loss of their little daughter.

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April 20 was the eventful day of the arrival of a son in the family of Frank LaComb, clerk, Provo division Service department. Congratulations.

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Waters of Mississippi to Be Heated by Electricity

The waters of the Mississippi will be heated by electricity next winter—at least in the section of the river at Canton, Missouri. The heating will be done to facilitate operation of a new flood-control dam which the government is building there. This dam has movable drums which can be raised or lowered to vary the flow of water. To prevent ice from forming and blocking the movement of the drums, large General Electric heating units are being installed along the dam.